



6. Lauf Rund um das Schaubergwerk Röhrigschacht  
Sangerhausen / 29.03.2014

Detailed evaluation

**Salzmann, Ralf**

Club: Stadt Baunatal  
Number: 103

Course: 14.60 km  
14,6 km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:21:21

Speed: 10.33 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 35 (of 66)

Rank in course/Men: 34 (of 56)

Best time in course: 55:56

Rank in category: 7(of 12)

Best time in the category: 1:02:04