



6. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 29.03.2014

Detailed evaluation

Ehrenberg, Dirk

Club: Med Fit Eisleben
Number: 76

Course: 14.60 km
14,6 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:26:09

Speed: 9.75 km/h
Running performance: 5:54 min/km

Rank in course/Total: 46 (of 66)

Rank in course/Men: 42 (of 56)

Best time in course: 55:56

Rank in category: 8(of 9)

Best time in the category: 1:03:26