



6. Lauf Rund um das Schaubergwerk Röhrigschacht  
Sangerhausen / 29.03.2014

Detailed evaluation

Gutschmidt, Ralf

Club: Sangerhausen

Number: 223

Course: 14.60 km

14,6 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:29:47

Speed: 9.36 km/h

Running performance: 6:09 min/km

Rank in course/Total: 54 (of 66)

Rank in course/Men: 48 (of 56)

Best time in course: 55:56

Rank in category: 6(of 9)

Best time in the category: 1:18:32