



6. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 29.03.2014

Detailed evaluation

Adolf, Silke

Club: Blau Weiß Hettstedt
Number: 218

Course: 14.60 km
14,6 km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:46:04

Speed: 7.92 km/h
Running performance: 7:16 min/km

Rank in course/Total: 65 (of 66)
Rank in course/Women: 9 (of 10)
Best time in course: 1:20:21

Rank in category: 4(of 4)
Best time in the category: 1:20:21