



6. Lauf Rund um das Schaubergwerk Röhrigschacht  
Sangerhausen / 29.03.2014

Detailed evaluation

**Frenzel, Sabine**

Club: ASV Sangerhausen  
Number: 123

Course: 14.60 km  
14,6 km Nordic Walking/ Wandern

Category:  
Damen

Total time: 1:51:41

Speed: 7.52 km/h  
Running performance: 7:39 min/km

Rank in course/Total: 10 (of 22)  
Rank in course/Women: 8 (of 15)  
Best time in course: 1:48:59

Rank in category: 8(of 15)  
Best time in the category: 1:48:59