



## 6. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 29.03.2014

### Detailed evaluation

**Binnemann, Helga**

Club: Nordic Walking Südharz Sangerhausen  
Number: 117

Course: 14.60 km  
14,6 km Nordic Walking/ Wandern

Category:

Damen

Total time: 2:14:42

Speed: 6.24 km/h

Running performance: 9:14 min/km

Rank in course/Total: 11 (of 22)

Rank in course/Women: 9 (of 15)

Best time in course: 1:48:59

Rank in category: 9(of 15)

Best time in the category: 1:48:59