



6. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 29.03.2014

Detailed evaluation

Bernhardt, Claus

Club: Nordic Walking Südharz Sangerhausen
Number: 115

Course: 14.60 km
14,6 km Nordic Walking/ Wandern

Category:

Herren

Total time: 2:14:47

Speed: 6.23 km/h

Running performance: 9:14 min/km

Rank in course/Total: 12 (of 22)

Rank in course/Men: 3 (of 7)

Best time in course: 1:49:36

Rank in category: 3(of 7)

Best time in the category: 1:49:36