



6. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 29.03.2014

Detailed evaluation

Pflüger, Nico

Club: Team Q

Number: 95

Course: 14.60 km

14,6 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:02:43

Speed: 13.39 km/h

Running performance: 4:18 min/km

Rank in course/Total: 5 (of 66)

Rank in course/Men: 5 (of 56)

Best time in course: 55:56

Rank in category: 1(of 8)

Best time in the category: 1:02:43