



4. Winterlaufserie 2014, Lauf 3  
Creuzburg / 30.03.2014

Detailed evaluation

Sauerbrey, Klaus

Club: Lebenshilfe Suhl  
Number: 148

Course: 11.30 km  
Langdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:01:04

Speed: 10.81 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 55 (of 62)

Rank in course/Men: 49 (of 54)

Best time in course: 40:41

Rank in category: 7(of 7)

Best time in the category: 43:08