



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Wenzel, Heike

Club: Ebenheim

Number: 126

Course: 11.30 km

Langdistanz

Category:

Frauen (20-29 Jahre)

Total time: 1:02:35

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 57 (of 62)

Rank in course/Women: 7 (of 8)

Best time in course: 48:19

Rank in category: 1(of 1)

Best time in the category: 1:02:35