



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Grebe, Martin

Club: Laufftreff Altensteiner Park
Number: 95

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:03:02

Speed: 10.47 km/h
Running performance: 5:35 min/km

Rank in course/Total: 59 (of 62)

Rank in course/Men: 52 (of 54)

Best time in course: 40:41

Rank in category: 9(of 9)

Best time in the category: 44:07