



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Mahr, Dieter

Club: TV 03 Breitenbach
Number: 131

Course: 11.30 km
Langdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:04:46

Speed: 10.19 km/h
Running performance: 5:44 min/km

Rank in course/Total: 60 (of 62)

Rank in course/Men: 53 (of 54)

Best time in course: 40:41

Rank in category: 3(of 3)

Best time in the category: 59:26