



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Freitag, Roman

Club: Eisenacher LV
Number: 52

Course: 5.50 km
Kurzdistanz

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 23:50

Speed: 13.85 km/h
Running performance: 4:20 min/km

Rank in course/Total: 14 (of 58)

Rank in course/Men: 13 (of 38)

Best time in course: 19:02

Rank in category: 2(of 6)

Best time in the category: 22:37