



4. Winterlaufserie 2014, Lauf 3  
Creuzburg / 30.03.2014

Detailed evaluation

Verhufen, Jannik

Club: SV Creaton Großengottern  
Number: 34

Course: 5.50 km  
Kurzdistanz

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 25:37

Speed: 11.71 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 24 (of 58)

Rank in course/Men: 22 (of 38)

Best time in course: 19:02

Rank in category: 4(of 6)

Best time in the category: 22:37