



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Kämper, Anke

Club: fit&run

Number: 22

Course: 5.50 km

Kurzdistanz

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 27:53

Speed: 10.76 km/h

Running performance: 5:04 min/km

Rank in course/Total: 33 (of 58)

Rank in course/Women: 7 (of 20)

Best time in course: 22:56

Rank in category: 1(of 1)

Best time in the category: 27:53