



4. Winterlaufserie 2014, Lauf 3  
Creuzburg / 30.03.2014

Detailed evaluation

**Steinwachs, Bert**

Club: SV Normania Treffurt  
Number: 62

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M35 (35-39 Jahre)

Total time: 21:51

Speed: 13.73 km/h  
Running performance: 3:58 min/km

Rank in course/Total: 4 (of 58)

Rank in course/Men: 4 (of 38)

Best time in course: 19:02

Rank in category: 1(of 2)

Best time in the category: 21:51