



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Schwanenberger, Sabine

Club: Kampfsportschule Berk
Number: 43

Course: 5.50 km
Kurzdistanz

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 29:42

Speed: 10.10 km/h
Running performance: 5:24 min/km

Rank in course/Total: 45 (of 58)
Rank in course/Women: 15 (of 20)
Best time in course: 22:56

Rank in category: 1(of 2)
Best time in the category: 29:42