



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Hartung, Dieter

Club: Rennsteiger

Number: 48

Course: 5.50 km

Kurzdistanz

Category:

Senioren M65 (65-69 Jahre)

Total time: 31:05

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 47 (of 58)

Rank in course/Men: 32 (of 38)

Best time in course: 19:02

Rank in category: 3(of 3)

Best time in the category: 22:49