



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Gräf, Walter

Club: Ski-Nordisch-Tabarz
Number: 41

Course: 5.50 km
Kurzdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 33:10

Speed: 9.05 km/h
Running performance: 6:02 min/km

Rank in course/Total: 51 (of 58)

Rank in course/Men: 34 (of 38)

Best time in course: 19:02

Rank in category: 3(of 4)

Best time in the category: 29:01