



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Malzahn, Kai

Club: RTV Haselgrund
Number: 92

Course: 11.30 km
Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 41:07

Speed: 16.05 km/h
Running performance: 3:38 min/km

Rank in course/Total: 2 (of 62)

Rank in course/Men: 2 (of 54)

Best time in course: 40:41

Rank in category: 1(of 9)

Best time in the category: 41:07