



4. Winterlaufserie 2014, Lauf 3  
Creuzburg / 30.03.2014

Detailed evaluation

**Löber, Heiko**

Club: Eisenacher LV  
Number: 107

Course: 11.30 km  
Langdistanz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 45:18

Speed: 14.57 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 11 (of 62)

Rank in course/Men: 11 (of 54)

Best time in course: 40:41

Rank in category: 2(of 7)

Best time in the category: 41:23