



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Zetzmann, Jürgen

Club: Stedtfelder Rennsteigfreunde
Number: 53

Course: 5.50 km
Kurzdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 40:12

Speed: 7.46 km/h
Running performance: 7:19 min/km

Rank in course/Total: 58 (of 58)

Rank in course/Men: 38 (of 38)

Best time in course: 19:02

Rank in category: 4(of 4)

Best time in the category: 29:01