



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Malin, Markku

Club: Eisenach

Number: 108

Course: 11.30 km

Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 47:03

Speed: 14.03 km/h

Running performance: 4:10 min/km

Rank in course/Total: 16 (of 62)

Rank in course/Men: 16 (of 54)

Best time in course: 40:41

Rank in category: 2(of 9)

Best time in the category: 44:07