



4. Winterlaufserie 2014, Lauf 3  
Creuzburg / 30.03.2014

Detailed evaluation

Walther, Lydia

Club: RLV / LG Süd  
Number: 101

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 48:19

Speed: 13.66 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 20 (of 62)

Rank in course/Women: 1 (of 8)

Best time in course: 48:19

Rank in category: 1(of 1)

Best time in the category: 48:19