



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Martin, Andreas

Club: SV Blau Weiss 90 Creuzburg
Number: 110

Course: 11.30 km
Langdistanz

Category:
Senioren M30 (30-34 Jahre)

Total time: 49:22

Speed: 13.37 km/h
Running performance: 4:22 min/km

Rank in course/Total: 24 (of 62)

Rank in course/Men: 23 (of 54)

Best time in course: 40:41

Rank in category: 3(of 4)

Best time in the category: 42:26