



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Andrä, Mario

Club: Lauffreunde Dittmar Schmalkalden
Number: 99

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:32

Speed: 13.06 km/h
Running performance: 4:28 min/km

Rank in course/Total: 29 (of 62)

Rank in course/Men: 27 (of 54)

Best time in course: 40:41

Rank in category: 5(of 7)

Best time in the category: 41:23