



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Brinkel, Stephan

Club: Eisenach

Number: 143

Course: 11.30 km

Langdistanz

Category:

Senioren M55 (55-59 Jahre)

Total time: 51:24

Speed: 12.84 km/h

Running performance: 4:33 min/km

Rank in course/Total: 31 (of 62)

Rank in course/Men: 29 (of 54)

Best time in course: 40:41

Rank in category: 4(of 7)

Best time in the category: 43:08