



4. Winterlaufserie 2014, Lauf 3
Creuzburg / 30.03.2014

Detailed evaluation

Boller, Frank

Club: RTV Haselgrund e.V.
Number: 136

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 51:38

Speed: 12.78 km/h
Running performance: 4:34 min/km

Rank in course/Total: 34 (of 62)

Rank in course/Men: 32 (of 54)

Best time in course: 40:41

Rank in category: 4(of 9)

Best time in the category: 44:07