



4. Winterlaufserie 2014, Lauf 3  
Creuzburg / 30.03.2014

Detailed evaluation

Ickler, Mario

Club: Seebach

Number: 129

Course: 11.30 km

Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 53:07

Speed: 12.43 km/h

Running performance: 4:42 min/km

Rank in course/Total: 38 (of 62)

Rank in course/Men: 35 (of 54)

Best time in course: 40:41

Rank in category: 5(of 9)

Best time in the category: 44:07