



4. Winterlaufserie 2014, Lauf 3  
Creuzburg / 30.03.2014

Detailed evaluation

**Bohl, Martin**

Club: ZEPT Tabarz  
Number: 104

Course: 11.30 km  
Langdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 53:25

Speed: 12.36 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 39 (of 62)

Rank in course/Men: 36 (of 54)

Best time in course: 40:41

Rank in category: 5(of 7)

Best time in the category: 43:08