



Deutsche Einzelmeisterschaft SMK

Gotha / 05.04.2014

Detailed evaluation

Mika, Sebastian

Club: SSC Berlin Grünau

Number: 145

Course: 1.50 km

Strecke 1500m

Category:

Männer 1

Total time: 4:59

Speed: 12.04 km/h

Running performance: 3:19 min/km

Rank in course/Total: 4 (of 27)

Rank in course/Men: 3 (of 27)

Best time in course: 4:52

Rank in category: 2(of 13)

Best time in the category: 4:58