



# Deutsche Einzelmeisterschaft SMK

Gotha / 05.04.2014

## Detailed evaluation

**Förster, Bono**

Club: SSC Ueckermünde

Number: 69

Course: 1.00 km

Strecke 1000m

Category:

Jugend männlich

Total time: 3:57

Speed: 15.19 km/h

Running performance: 3:57 min/km

Rank in course/Total: 22 (of 51)

Rank in course/Men: 22 (of 51)

Best time in course: 3:19

Rank in category: 10(of 32)

Best time in the category: 3:25