



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Pleuß, Eckhard

Club: RSV Bruchhausen Vilsen
Number: 341

Course: 40.80 km
Mitteldistanz Lizenz

Category:
Senioren I

Total time: 1:40:58

Speed: 23.77 km/h

Rank in course/Total: 12 (of 17)

Rank in course/Men: 11 (of 14)

Best time in course: 1:21:28

Rank in category: 1(of 2)

Best time in the category: 1:40:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	39:48	24.12	1	-	10	6:33	16.30	39:48	24.12	1	-	10	6:22
Lap 2	20.40	51:52	23.14	1	-	10	12:10	36.70	1:31:40	23.56	1	-	10	18:32
Last lap Finish	4.10	9:18	25.81	1	-	10	1:31	40.80	1:40:58	23.77	1	-	11	19:30