



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Pleuß, Eckhard

Club: RSV Bruchhausen Vilsen  
Number: 341

Course: 40.80 km  
Mitteldistanz Lizenz

Category:  
Senioren I

Total time: 1:40:58

Speed: 23.77 km/h

Rank in course/Total: 12 (of 17)

Rank in course/Men: 11 (of 14)

Best time in course: 1:21:28

Rank in category: 1(of 2)

Best time in the category: 1:40:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	39:48	24.12	1	-	10	6:33	16.30	39:48	24.12	1	-	10	6:22
Lap 2	20.40	51:52	23.14	1	-	10	12:10	36.70	1:31:40	23.56	1	-	10	18:32
Last lap Finish	4.10	9:18	25.81	1	-	10	1:31	40.80	1:40:58	23.77	1	-	11	19:30