



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Lange, Dirk

Total time: 1:41:18

Speed: 23.69 km/h

Number: 70

Course: 40.80 km

Rank in course/Total: 40 (of 109)

Mitteldistanz

Rank in course/Men: 40 (of 100)

Best time in course: 1:24:36

Category:

Rank in category: 3(of 17)

Senioren II

Best time in the category: 1:39:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	39:19	24.42	3	0:10	36	5:46	16.30	39:19	24.42	3	0:10	85	
Lap 2	20.40	52:13	22.98	5	1:15	49	9:22	36.70	1:31:32	23.60	3	1:25	81	
Last lap Finish	4.10	9:46	24.57	5	0:09	39	1:34	40.80	1:41:18	23.69	3	1:28	40	16:42