



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Lange, Dirk

Total time: 1:41:18

Speed: 23.69 km/h

Number: 70

Course: 40.80 km

Rank in course/Total: 40 (of 109)

Mitteldistanz

Rank in course/Men: 40 (of 100)

Best time in course: 1:24:36

Category:

Rank in category: 3(of 17)

Senioren II

Best time in the category: 1:39:50

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 16.30 | 39:19 | 24.42 | 3 | 0:10 | 36 | 5:46 | 16.30 | 39:19 | 24.42 | 3 | 0:10 | 85 | |
| Lap 2 | 20.40 | 52:13 | 22.98 | 5 | 1:15 | 49 | 9:22 | 36.70 | 1:31:32 | 23.60 | 3 | 1:25 | 81 | |
| Last lap Finish | 4.10 | 9:46 | 24.57 | 5 | 0:09 | 39 | 1:34 | 40.80 | 1:41:18 | 23.69 | 3 | 1:28 | 40 | 16:42 |