



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Hollwedel, Jochen

Club: RSV Bruchhausen-Vilsen
 Number: 349

Course: 40.80 km
 Mitteldistanz

Category:
 Senioren I

Total time: 1:41:23

Speed: 23.67 km/h

Rank in course/Total: 41 (of 109)

Rank in course/Men: 41 (of 100)

Best time in course: 1:24:36

Rank in category: 18(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	39:47	24.13	18	4:20	41	6:14	16.30	39:47	24.13	36			84	
Lap 2	20.40	52:03	23.05	19	6:08	46	9:12	36.70	1:31:50	23.52	36			80	
Last lap Finish	4.10	9:33	25.13	15	0:57	30	1:21	40.80	1:41:23	23.67	18	11:03		41	16:47