



7. Lönskrug \"Warm-up-Marathon\"  
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Quiska, Stefan

Club: Focus RAPIRO Racing  
 Number: 392

Course: 40.80 km  
 Mitteldistanz

Category:  
 Masters männlich

Total time: 1:41:45

Speed: 23.59 km/h

Rank in course/Total: 44 (of 109)

Rank in course/Men: 44 (of 100)

Best time in course: 1:24:36

Rank in category: 12(of 32)

Best time in the category: 1:24:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	16.30	39:57	24.03	11	6:24	42	6:24	16.30	39:57	24.03	21			81
Lap 2	20.40	51:52	23.14	13	9:01	44	9:01	36.70	1:31:49	23.53	18			77
Last lap Finish	4.10	9:56	24.16	10	1:44	44	1:44	40.80	1:41:45	23.59	12	17:09		44 17:09