



7. Lönskrug \"Warm-up-Marathon\"  
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Ulbrich, Joscha

Club: Horn-Bad Meinberg  
 Number: 57

Course: 40.80 km  
 Mitteldistanz

Category:  
 Masters männlich

Total time: 1:43:26

Speed: 23.67 km/h

Rank in course/Total: 50 (of 109)

Rank in course/Men: 50 (of 100)

Best time in course: 1:24:36

Rank in category: 15(of 32)

Best time in the category: 1:24:36

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |               |             |                |            |               |
|-----------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
|                 |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 16.30       | 40:04         | 24.41         | 12          | 6:31           | 43          | 6:31          | 16.30         | 40:04         | 24.41         | 18          | -              | 38         | -             |
| Lap 2           | 20.40       | 52:49         | 23.17         | 16          | 9:58           | 53          | 9:58          | 36.70         | 1:32:53       | 23.71         | 1           | -              | 23         | -             |
| Last lap Finish | 4.10        | 10:33         | 23.32         | 20          | 2:21           | 63          | 2:21          | 40.80         | 1:43:26       | 23.67         | 15          | 18:50          | 50         | 18:50         |