



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Niemczynski, David

Club: Team Springe  
Number: 61

Course: 40.80 km  
Mitteldistanz

Category:  
Masters männlich

Total time: 1:45:20

Speed: 23.24 km/h

Rank in course/Total: 57 (of 109)

Rank in course/Men: 57 (of 100)

Best time in course: 1:24:36

Rank in category: 18(of 32)

Best time in the category: 1:24:36

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Lap 1	16.30	41:31	23.56	19	7:58	61	7:58	16.30	41:31	23.56	15	1:24	19		
Lap 2	20.40	53:45	22.77	18	10:54	58	10:54	36.70	1:35:16	23.11	12	2:23	16		
Last lap Finish	4.10	10:04	24.44	14	1:52	50	1:52	40.80	1:45:20	23.24	18	20:44	57	20:44	