



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Buchholz, Volker

Club: Hochschule OWL
Number: 72

Course: 40.80 km
Mitteldistanz

Category:
Senioren II

Total time: 1:50:08

Speed: 21.79 km/h

Rank in course/Total: 64 (of 109)

Rank in course/Men: 63 (of 100)

Best time in course: 1:24:36

Rank in category: 8(of 17)

Best time in the category: 1:39:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	41:48	22.97	7	2:39	62	8:15	16.30	41:48	22.97	8	2:39	13		
Lap 2	20.40	57:46	20.77	9	6:48	68	14:55	36.70	1:39:34	21.69	8	9:27	11	2:10	
Last lap Finish	4.10	10:34	22.71	8	0:57	64	2:22	40.80	1:50:08	21.79	8	10:18	63	25:32	