



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

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Club: Ostwest-Express e.V.
Number: 78

Course: 40.80 km
Mitteldistanz

Category:
Masters männlich

Total time: 1:53:02

Speed: 21.23 km/h

Rank in course/Total: 74 (of 109)

Rank in course/Men: 72 (of 100)

Best time in course: 1:24:36

Rank in category: 24(of 32)

Best time in the category: 1:24:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	44:10	21.74	23	10:37	73	10:37	16.30	44:10	21.74	9	4:03	4	1:31
Lap 2	20.40	58:12	20.62	22	15:21	71	15:21	36.70	1:42:22	21.10	7	9:29	3	4:58
Last lap Finish	4.10	10:40	22.50	21	2:28	65	2:28	40.80	1:53:02	21.23	24	28:26	72	28:26