



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Dettenbach, Ingo

Club: Ostwest-Express e.V.
Number: 79

Course: 40.80 km
Mitteldistanz

Category:
Senioren I

Total time: 1:56:43

Speed: 20.97 km/h

Rank in course/Total: 85 (of 109)

Rank in course/Men: 82 (of 100)

Best time in course: 1:24:36

Rank in category: 31(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	45:33	21.47	31	10:06	79	12:00	16.30	45:33	21.47	13	1:01	43	2:54
Lap 2	20.40	59:53	20.44	31	13:58	81	17:02	36.70	1:45:26	20.89	13	2:14	41	8:02
Last lap Finish	4.10	11:17	21.80	28	2:41	78	3:05	40.80	1:56:43	20.97	31	26:23	82	32:07