



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Dettenbach, Ingo

Club: Ostwest-Express e.V.
Number: 79

Course: 40.80 km
Mitteldistanz

Category:
Senioren I

Total time: 1:56:43

Speed: 20.56 km/h

Rank in course/Total: 85 (of 109)

Rank in course/Men: 82 (of 100)

Best time in course: 1:24:36

Rank in category: 31(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Lap 1	16.30	45:33	21.08	31	10:06	79	12:00	16.30	45:33	21.08	13	1:01	43	2:54	
Lap 2	20.40	59:53	20.04	31	13:58	81	17:02	36.70	1:45:26	20.49	13	2:14	41	8:02	
Last lap Finish	4.10	11:17	21.27	28	2:41	78	3:05	40.80	1:56:43	20.56	31	26:23	82	32:07	