



7. Lönskrug \"Warm-up-Marathon\"  
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Rosenkranz, Gerrit

Club: Focus RAPIRO racing  
 Number: 380

Course: 61.20 km  
 Langdistanz Lizenz

Category:  
 Masters männlich

Total time: 2:02:10

Speed: 29.96 km/h

Rank in course/Total: 1 (of 28)

Rank in course/Men: 1 (of 28)

Best time in course: 2:02:10

Rank in category: 1(of 8)

Best time in the category: 2:02:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	16.30	33:09	28.96	1	-	1	-	16.30	33:09	28.96	1	-	26	
Lap 2	20.40	39:51	30.11	1	-	1	-	36.70	1:13:00	29.59	1	-	14	
Lap 3	20.40	41:10	29.15	1	-	1	-	57.10	1:54:10	29.96	1	-	13	
Last lap Finish	4.10	8:00	30.00	2	0:11	5	0:56	61.20	2:02:10	29.96	1	-	1	-