



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Volmer, Daniel

Club: Industrieservice OWL
Number: 430

Course: 40.80 km
Mitteldistanz

Category:
Senioren I

Total time: 2:03:56

Speed: 19.37 km/h

Rank in course/Total: 95 (of 109)

Rank in course/Men: 92 (of 100)

Best time in course: 1:24:36

Rank in category: 35(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 16.30 | 46:21 | 20.71 | 32 | 10:54 | 83 | 12:48 | 16.30 | 46:21 | 20.71 | 17 | 1:49 | 33 | 3:42 |
| Lap 2 | 20.40 | 1:05:36 | 18.29 | 35 | 19:41 | 91 | 22:45 | 36.70 | 1:51:57 | 19.29 | 17 | 8:45 | 32 | 14:33 |
| Last lap Finish | 4.10 | 11:59 | 20.03 | 33 | 3:23 | 90 | 3:47 | 40.80 | 2:03:56 | 19.37 | 35 | 33:36 | 92 | 39:20 |