



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Volmer, Daniel

Club: Industrieservice OWL
Number: 430

Course: 40.80 km
Mitteldistanz

Category:
Senioren I

Total time: 2:03:56

Speed: 19.37 km/h

Rank in course/Total: 95 (of 109)

Rank in course/Men: 92 (of 100)

Best time in course: 1:24:36

Rank in category: 35(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	46:21	20.71	32	10:54	83	12:48	16.30	46:21	20.71	17	1:49	33	3:42
Lap 2	20.40	1:05:36	18.29	35	19:41	91	22:45	36.70	1:51:57	19.29	17	8:45	32	14:33
Last lap Finish	4.10	11:59	20.03	33	3:23	90	3:47	40.80	2:03:56	19.37	35	33:36	92	39:20