



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Markworth, Roland

Club: DDMC Solling e.V. / mtb11.de  
Number: 248

Course: 61.20 km  
Langdistanz Lizenz

Category:  
Masters männlich

Total time: 2:07:06

Speed: 28.89 km/h

Rank in course/Total: 4 (of 28)

Rank in course/Men: 4 (of 28)

Best time in course: 2:02:10

Rank in category: 2(of 8)

Best time in the category: 2:02:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	34:55	28.01	4	1:46	16	1:46	16.30	34:55	28.01	2	1:46	24	0:38
Lap 2	20.40	41:36	29.42	2	1:45	3	1:45	36.70	1:16:31	28.78	2	3:31	24	
Lap 3	20.40	42:46	28.62	2	1:36	3	1:36	57.10	1:59:17	28.72	2	5:07	21	
Last lap Finish	4.10	7:49	31.47	1	-	3	0:45	61.20	2:07:06	28.89	2	4:56	4	4:56