



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Lampe, Jörg

Total time: 2:14:00

Speed: 17.91 km/h

Number: 345

Course: 40.80 km

Rank in course/Total: 103 (of 109)

Mitteldistanz

Rank in course/Men: 97 (of 100)

Best time in course: 1:24:36

Category:

Rank in category: 16(of 17)

Senioren II

Best time in the category: 1:39:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	52:07	18.42	15	12:58	92	18:34	16.30	52:07	18.42	16	12:58	28	9:28
Lap 2	20.40	1:08:58	17.40	16	18:00	94	26:07	36.70	2:01:05	17.84	16	30:58	27	23:41
Last lap Finish	4.10	12:55	18.58	16	3:18	95	4:43	40.80	2:14:00	17.91	16	34:10	97	49:24