



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Vockenroth, Bernd

Club: RC Endspurt Herford  
Number: 212

Course: 61.20 km  
Langdistanz Lizenz

Category:  
Senioren I

Total time: 2:23:26

Speed: 25.52 km/h

Rank in course/Total: 19 (of 28)

Rank in course/Men: 19 (of 28)

Best time in course: 2:02:10

Rank in category: 6(of 8)

Best time in the category: 2:08:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	36:57	25.98	7	3:12	18	3:48	16.30	36:57	25.98	6	3:12	9	2:40
Lap 2	20.40	47:38	25.19	6	4:41	18	7:47	36.70	1:24:35	25.54	6	7:53	9	6:24
Lap 3	20.40	49:31	24.23	6	5:13	18	8:21	57.10	2:14:06	25.50	6	13:06	7	10:33
Last lap Finish	4.10	9:20	25.71	5	2:16	20	2:16	61.20	2:23:26	25.52	6	14:31	19	21:16