



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Könneker, Michael

Club: Team BunnyHop Hameln
 Number: 356

Course: 20.40 km
 Kurzdistanz

Category:
 Senioren I

Total time: 49:50

Speed: 24.56 km/h

Rank in course/Total: 6 (of 31)

Rank in course/Men: 6 (of 27)

Best time in course: 44:20

Rank in category: 2(of 8)

Best time in the category: 49:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	40:09	24.36	2	0:36	7	4:38	16.30	40:09	24.36	2	0:36	21	
Last lap Finish	4.10	9:41	25.40	1	-	4	0:52	20.40	49:50	24.56	2	0:01	6	5:30