



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Bertram, Rolf

Club: RSV Adler Goslar
 Number: 436

Course: 61.20 km
 Langdistanz

Category:
 Senioren II

Total time: 2:47:52

Speed: 21.80 km/h

Rank in course/Total: 23 (of 30)

Rank in course/Men: 23 (of 27)

Best time in course: 2:09:18

Rank in category: 7(of 8)

Best time in the category: 2:28:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	42:42	22.48	7	5:01	24	9:02	16.30	42:42	22.48	7	5:01	4	3:57
Lap 2	20.40	55:45	21.52	7	55:41	24	55:41	36.70	1:38:27	21.94	7	11:51	4	8:31
Lap 3	20.40	58:40	20.45	7	8:21	24	14:25	57.10	2:37:07	21.77	7	18:34	4	14:55
Last lap Finish	4.10	10:45	22.33	5	1:14	21	2:22	61.20	2:47:52	21.80	7	19:48	23	38:34