



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Bues, Axel

Club: Nordhauser RSG
 Number: 419

Course: 20.40 km
 Kurzdistanz

Category:
 Senioren II

Total time: 52:39

Speed: 22.79 km/h

Rank in course/Total: 11 (of 31)

Rank in course/Men: 11 (of 27)

Best time in course: 44:20

Rank in category: 1(of 3)

Best time in the category: 52:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	42:23	22.65	1	-	11	6:52	16.30	42:23	22.65	1	-	16	
Last lap Finish	4.10	10:16	23.38	1	-	7	1:27	20.40	52:39	22.79	1	-	11	8:19