



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Schmidt, Ronald

Club: Ostwest-Express e.V.  
Number: 270

Course: 20.40 km  
Kurzdistanz

Category:  
Senioren II

Total time: 1:00:43

Speed: 19.76 km/h

Rank in course/Total: 21 (of 31)

Rank in course/Men: 20 (of 27)

Best time in course: 44:20

Rank in category: 2(of 3)

Best time in the category: 52:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	48:55	19.63	2	6:32	20	13:24	16.30	48:55	19.63	2	6:32	9	5:40
Last lap Finish	4.10	11:48	20.34	2	1:32	17	2:59	20.40	1:00:43	19.76	2	8:04	20	16:23